

## Questions to Ask My Retina Specialist or General Ophthalmologist

Your diabetes may be harmful to various parts of your body, including your eyes. Your eye doctor has determined you may have problems with your vision and recommended you see a retina specialist or general ophthalmologist. You may be wondering what happens next.

Information is key to taking charge of your condition. It's important to understand your retina specialist/general ophthalmologist's instructions so you can better manage your disease. When you visit your retina specialist/general ophthalmologist, it may be a good idea to bring someone with you who can help you remember the information you hear about your treatment. The list below can also help. It includes questions you may want to ask, and gives you space to write down the answers.

 What is the difference between a retina specialist and a general ophthalmologist?

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 What is diabetic macular edema (DME)?

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 Why was I referred to a retina specialist/general ophthalmologist if I am diagnosed with diabetes?

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 What tests will you do on my eyes?

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 How does laser surgery work? What are the side effects?

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➔ What are implanted steroids? What are the side effects?

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➔ What is anti-VEGF treatment? What are the side effects?

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➔ What would the treatment options be if I were diagnosed with diabetic macular edema (DME)?

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➔ How long would I be treated for DME?

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➔ Is there anything else I can do to help improve my condition?

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➔ How often do I have to see you for checkups?

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**Learn more at [DiabetesSightRisk.com](http://DiabetesSightRisk.com).**

For additional resources,  
contact your case manager.



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