

## Questions to Ask My Optometrist

It's not easy living with diabetes. You might be concerned about how diabetes will affect your body and your eyesight.

There is a lot that patients with diabetes have to manage. Bringing someone with you to your appointments can help you remember information correctly. So can the list below. It includes questions you may want to ask—and gives you space to write down the answers. These questions can help you learn why your optometrist visits play a key role in diabetes care.

 Why is it so important that I see an optometrist if I have diabetes?

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 Why do you take measurements of my eye? What are you measuring?

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 What is a dilated eye exam? Why is it so important?

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 What is a visual acuity test?

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 How can you tell if I might have problems with my eyes because of my diabetes?

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➔ Why can my diabetes possibly lead to diabetic retinopathy and diabetic macular edema (DME)?

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➔ What kind of symptoms would I notice if I had eye problems from diabetes?

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➔ What other eye doctors might patients with diabetes need to visit?

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➔ Why might I need to see a retina specialist?

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➔ What is the difference between a retina specialist and an ophthalmologist?

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➔ How often should I see you for check-ups?

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**Learn more at [DiabetesSightRisk.com](http://DiabetesSightRisk.com).**

For additional resources,  
ask your case manager.



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